



## CREATIVE ATTITUDE TO WORK IS THE KEY TO SUCCESS IN PEDAGOGICAL ACTIVITIES

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### Annotation

The article states that pedagogical work is primarily a creative matter. It is no secret that the research, search principle is also inherent in the everyday pedagogical work of a physical education teacher. It is he who, thanks to his high professionalism and deep knowledge, achieves the means of his own academic subject so that schoolchildren grow up as comprehensively developed people.

**Keywords:** benchmark test, didactic orientation, non-standard situations. lesson and extracurricular forms of educational work.

Today it makes no sense to convince anyone that pedagogical work is primarily a creative matter. It is no secret that the research, search principle is also inherent in the everyday pedagogical work of a physical culture teacher. Thanks to his high professionalism and deep knowledge, he achieves the means of his academic subject so that schoolchildren grow up as comprehensively developed people, whose physical activity, according to the apt definition of the outstanding Russian scientist P.F. Lesgaft, would be significantly illuminated by thought.

Agree that not just anywhere, namely in school gyms, on open areas and school stadiums, everything begins that then not only deeply cares and pleases all of us involved in strengthening the health of the younger generation, its physical hardening, but sometimes it upsets and worries.

For example, when conducting classes in athletics, it is necessary to skillfully use a wide range of leading and special exercises, seeking from those engaged in a clear mastering of motor actions in each phase of the jump.





At the same time, students with special diligence must perform the test exercise. A line deployed across the entire area, students from two steps of the takeoff run on a marked 18-meter segment a series of multi-jumps. Everyone must overcome the segment in as few jumps as possible. At the same time, the teacher must announce that the one who will be able to overcome 18 m in 9 jumps, having started long jumps with a running start using the “bending legs” method, will be able to land behind the mark of 3 m 80 cm, and those who will complete the task in 8 jumps, there will be a real opportunity to show the result within 4 m 20 cm, in 7 jumps - 4 m 50 cm, in 6 jumps - 5 meters, etc.

And although each benchmark test, as practice shows, has a tolerance of plus or minus 10 cm, performing long jumps, as a rule, fully confirms the “forecasts”. Any exercise can be a test - this idea is confirmed by the science of physical education. In all likelihood, this is so. But the teacher of physical culture, first of all, needs tests that would destroy the existing opinion in some places that students, when they perform physical exercises, should not delve into the processes occurring in their body, that it is worth relying on everything on teachers and success will be assured. A modern teacher needs tests that help not only to check the level of physical fitness of students, but tests are guidelines that allow teaching physical culture lessons, as a creative process, during which the thinking of students is formed, the ability to find unconventional solutions in non-standard situations.

Tests are landmarks with their clear didactic orientation, which allows each student to open the prospect of developing his physical abilities, gives him the opportunity to be sure that, performing certain motor actions in the sequence given by the teacher, he will certainly prepare yourself to successfully master another, more complex exercise. The tests, according to the scale of didactic assessments, are higher than those recommended in the curriculum, since they clearly orient schoolchildren towards progressive progress in their physical development, show what the student should strive for today, tomorrow, in a week. And it is precisely this kind of work of a teacher that can, in our opinion, be called creative.

It is impossible to move to a qualitatively new level of management of physical education of students without developing and improving the arsenal of reliable indicators that help to significantly control and compare different degrees of formation of motor skills and abilities, levels of development of physical qualities.

The practice of the methodology for managing the educational process at a physical culture lesson by assessing the physical fitness of students (according to specially





developed tables), - the use of this methodology allows you to work throughout the school year with open eyes, long before the end of each quarter to determine the readiness of each student to the delivery of educational standards and norms of the complex “Alpomish”, “Barchinoy”. Testing gives the teacher the opportunity to work for schoolchildren with a specific physical training, with a specific degree of mastering of educational material, with a specific adjustment of their curricula. "

The responsibility of the teacher of physical education to our society is high. In the list of his daily concerns, the preparation of strong, hardened high school students for military service rightfully occupies one of the leading places. The best school teachers are in a tireless search for the most rational ways to solve this most important problem. These paths run through the most diverse aspects of the activities of teachers. For example, many creatively working physical culture teachers do not think of advancing their pupils up the ladder of physical improvement without constant strengthening of the educational and material base. With the help of sponsoring enterprises on the territory of the school, they create training complexes, obstacle courses, playgrounds, shooting galleries. Undoubtedly, such teachers are worthy of all praise for the fact that, without waiting for the time when the center of concern for public education finally moves to the school, they themselves attract local organizations and their resources to the benefit of the school. The sound school sports bases created by joint efforts help not only to prepare young people for service in the Armed Forces of the Republic of Uzbekistan, but also contribute to the implementation of many other urgent tasks of the school: strengthening the health of students, introducing them to systematic physical exercises, improving the quality of lesson and extracurricular forms of teaching and educational work.

However, no matter how bright the creative fuse of one or another particular teacher of physical culture is, every worker of public education must understand that school reform cannot successfully advance only through the efforts of individuals, no matter how initiative and capable they are. The restructuring of the school mechanism, the development of new approaches in the physical education of the younger generation are in dire need of the school pedagogical councils, parental community, and public organizations to take an active role as well. They are obliged to boldly take upon themselves the solution of fundamental issues of improving the physical training of school graduates for life, work, and service in the ranks of the Armed Forces of the Republic of Uzbekistan. The creative impulses of physical culture teachers should be transmitted to colleagues at school, activists of the council of the physical culture





collective, school self-government, parental assets, representatives of basic enterprises.

When we say that a general education school should implement a uniform physical culture and health-improving regime for all, this, first of all, testifies to our firm intention to make the subject “Physical culture” the basis, the cornerstone of a healthy lifestyle for schoolchildren. You can name a lot of names of teachers of the Bukhara region, who, with their creative attitude to work, have earned nationwide gratitude.

In addition to educational, extra-curricular and sectional work is subordinated to the development of physical abilities, and each school physical culture or sports club is transformed in time, taking into account the passage of a comprehensive program, current educational topics, as well as the interests of children.

Psychologists say that at the same time, the majority of junior and middle-aged schoolchildren may show an interest in several sports at once. How to be here! A school, especially a rural one, cannot have 6-8 sections at once, taking into account the rapidly changing wishes of children. “And this is not what we should strive for”. If pupils from elementary grades come to the school gym, knowing in advance that no one will reproach them for the fact that today they suddenly wanted to play mini-basketball or pioneerball. “Please,” - the teacher should answer their request and after the necessary warm-up give the children the opportunity to play with the ball. The ball school is the key to the successful development of manual dexterity, so necessary for children to master the school of writing and other important skills.

- From the side one can hear objections: is it necessary to give such freedom to children, is it worth it to liberate the teacher so! There is a stable plan of sectional events, approved for a year, so if you please work on it! Indeed, in such conditions it is very difficult for the inspectors to control the activity of the teacher of physical culture!

What can you answer these questions! We all really need experiments that allow teaching staff to carry out creative searches in different directions and departments of school disciplines, including in the physical education of schoolchildren, in the subject “Physical culture”.

For example, you need to conduct an experiment “Two plus two”. Its essence is to add two more lessons to two lessons of physical culture at the expense of extended day time and so-called sports hours. The experiment is designed for a relatively long period, when this experiment is carried out in the school, will there be more teachers of physical culture: two work in the school day, two - in the afternoon, in the extended





one. The four of them are easier to solve many issues of succession, exchange of work experience, joint planning of the entire school-wide physical culture and health-improving regime. The content of extracurricular and extracurricular sports activities will become richer. And another significant advantage is improving the health of schoolchildren.

All times, our medical community more and more often reminds teachers of general education schools about the negative processes caused by the chronic deficit of motor activity of schoolchildren, progressive hypokinesia, inhibiting the physical development of the child's body, threatening a general misfortune - the deterioration of the health of the younger generation. We agree that the reaction of the school and teaching staff to all these alarming signals was unjustifiably slow, with constant references to the fact that a good organization of physical education of children needs a significant material incentive, that it is necessary to add at least one additional physical education lesson.

Everything is correct, without a material reserve, without strengthening school health bases, many problems cannot be solved. However, physical education teachers should be proactive, creatively thinking.

A lot is said today about innovation, especially pedagogical. The teacher's innovation is multifaceted and promising. Imagine for a short moment that all schools in the country are acting on this recommendation. Here is the picture that emerges from this: wherever a teacher, educator, members of the school service staff, including the administrative staff, find a call for an extended change, they are obliged to go out with all the children to the school playground, stadium and amicably participate in recreational activities ... "In this way, - we give a few dozen more minutes of communication with students, including the children of our class, and we ourselves will not be at a loss: the physical activity of us, pedagogues, is also low, but here we give to myself a discharge".

Today, the organization of the whole matter of physical education of students needs serious corrections, which should be determined in schools, be born on the initiative of the pedagogical collectives themselves, and they themselves should be affirmed in school life. It is necessary, for example, to take as a rule the installation that teachers' youth do not bypass school playgrounds and that their reports on improving their professional skills in front of senior colleagues and comrades end with messages about their personal contribution to strengthening physical education. touring traditions of the school-wide sports team





And, of course, schools charting a course for the new need to provide the most favored regime, to give an opportunity for the manifestation of creativity.

Various aspects of physical education of students of general education schools, including the organization of competitions among schoolchildren, require creative rethinking. There is no need to hide the fact that here we still have a lot of fuss, eyewash and bureaucracy. Having chosen such a serious and topical topic, which is the work of a teacher of physical culture, we strive to show not only positive principles in his development. And since we are talking about teaching staff, we will not hide the fact that in the teaching environment, unfortunately, there are still many weak teachers, with insufficient motor readiness for teaching children, who do not know the elements that are provided for in the curriculum. For mastering students who do not have the necessary theoretical knowledge. Glasnost allows us to take a fresh look at these facts: are they not the sources of many negative phenomena that are characteristic of the current state of physical education in schools? The decisive word here belongs to the institutes for the improvement of teachers, classrooms of physical education, designed to enrich each teacher with modern knowledge of pedagogy and psychology, to equip them with advanced experience in retraining courses, to improve their professional skills.

Perhaps we have never so persistently advocated the dissemination of advanced teaching experience in organizing physical education of students, as in today's days of deep restructuring of general education schools. Not only colleagues from nearby schools should go to the master-teacher, but also should go to him and consult from afar in order to adopt the pedagogy of communication, borrow a methodological novelty, the variety and diversity of educational tools and teaching methods. And in this exchange of experience there is nothing surprising, since each of the communicating parties learns in it a greater freedom of creative thought.

A special friendship should connect physical education teachers with physical education faculties. Students of this educational institution must undergo teaching practice in the same school throughout their studies.

In addition, the teaching staff and masters who conduct research work should conduct their work in the same school, check here the relevance and correctness of their research work, especially concerning the physical education of high school students.

All creatively working teachers are distinguished by love for children, deep knowledge of their subject, proficiency in teaching methods, analytical and constructive views on the solution of various issues related to the intensification of the educational process.





Their experience requires timely study, generalization and dissemination. The leading place in the expansion of the search community of physical education teachers working in secondary schools of the country, as we have already said, belongs to the physical education rooms of city, regional, regional and republican institutes for the improvement of teachers. They are called upon to stand at the origins of the formation of a creative handwriting, a research “vein” among physical culture teachers.

The aspect of the activities of the staff of the physical education rooms of the ISU is wide. So, with the help of the office, they should prepare and publish teaching aids for teachers of urban and rural schools. Great attention should be paid to the construction of educational and sports bases in schools, equipping them with non-standard sports equipment and inventory. It is necessary to take under special control the work of novice teachers, the methodology for conducting transfer exams in physical culture in schools. Employees of the physical education cabinet of the Institute for Teacher Improvement everywhere should help colleagues organize and conduct health and sports days, uniform in-school sports days.

The concept of “pedagogical creativity” always. accompanied by the words “search”, “inspiration”, selflessness. It is precisely these facets that the work of a modern physical culture teacher has been canceled. And we must be sure that the final result of his educational efforts will not result in the number of victorious pennants and prizes won by students, but will lead to the development of a correct life position among young people, readiness for highly productive work and, if necessary, to defend the country.

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