



THE PROBLEMS PECULIAR TO TEENAGERS IMPORTANCE OF MODERN SOCIO - PSYCHOLOGICAL SERVICE IN ELIMINATING

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Annotation:

The problem of investigating the process of psychological service as a mean of socio psychological defense is considered to be one of the vital problems of psychology today.

Keywords: Person, psychology, pedagogy, psycho prophylactics, intellect, mind, activity, subject, individual, differential temperament.

Introduction

In the process of continuous educational system, the task to study psychological peculiarities of both educated and educating people, the psychological basis of their mutual attitude is considered to be an important question. In our republic at the same time when complete democratic changes are going on, the necessity of studying the laws of psychology, scientific basis and using them widely in our activities is obvious. One of the main factors that determine the development of any society is to improve the efficiency of education and upbringing. The future of the society depends on the skills, degree of high intelligence of the specialists trained in educational establishments all around. Modern socio psychological activity belongs to the branch of public service and possesses the following aims: improving the quality and efficiency of preparing the skillful staff; upbringing a perfect person; creating optimal conditions that supply good upbringing; harmonic, complete psychological development of young people. Depending on personal behavior; psychic activity; age rules of psychic development; professional knowledge; features of mutual attitude between youth and grownups, fellows and organizing the process of education and upbringing, a specialist who presents modern socio-psychological service gives a person an opportunity to show his individuality; identifies a person's ability; determines the possible causes of abnormal cases, ways of psychological correction. The investigation and influencing object of the activity of a specialist who presents modern socio psychological service are pupils and students, teachers, parents, disabled level of society and families. They can be investigated separately or in grouped form. A specialist of modern socio psychological service accomplishes his





activity with a specialist of spiritual-educational works, medical staff, concrete commission, parents and the working staff of the educational establishment. Due to 4.5 paragraph of 5 main strategies of the development of the RU for 2017-2021, in order to accomplish the tasks as “upbringing physically healthy, spiritually and intellectually developed youth dedicated to the motherland who thinks independently and has concrete point of view; increasing their social activeness in the process of deepening democratic reforms and developing civilian society, it is important to create a healthy atmosphere of competition and perfecting the process continuously. The post of a general director of modern socio psychological service is carried by a person responsible to spiritual-educational affairs of the educational establishment. A specialist on psychological service directs all his activity to working out a program that takes age peculiarities and rapid development of people into consideration; guarantees the dynamic development including all features of their mind. He aims to create a model that meets the requirements of socio development and leads human, ethno psychological laws to perfection. Basic tasks of psychology prophylactics are:- developing as a person, creating good conditions that leads to mental perfection; - on time preventing the psychological defects and destructions that can appear in a person’s development and intellectual development;

- Carrying out the works that teaches people to adapt to new conditions; organizing special groups connected with social adaptation for the above mentioned reason; preventing neurotic cases; working with people of hard behavior and their parents and working with responsible people separately and etcetera;
- Working with people in order to help to prevent neurotic cases bound up with education and upbringing; live conditions; neurotic cases bound up with psychological fatigue;

making changes in this process and as a result to serve in solving the problem of harmonic development of children favorably;

- Working out the psychological measures for preventing the conflicts of different forms between people, ethnic groups and nationalities;
- Studying the conflicts that can appear between educators- teachers, teaching staff and parents; the psychological causes of family conflicts; analyzing the motives that resulted in the conflicts, assisting in presenting true contents of the relationship between persons, relieving the extreme situations and giving advice on eliminating the ways that lead to unfavorable results;
- Identifying mental defects in mental world of children with difficult spirit; working out the ways to help them and putting them into practice; considering individual psychological peculiarities of the person who needs correction works;- identifying the





opportunities of self-management among young people (taking into consideration the management of biologic eurythmic, emotions, motivation, will, interests, attention by a person himself).

Involving the youth suffering from violence to organizing the measures of strengthening the belief in tomorrow. Keeping young people who suffer from violence away from unfavorable cases and organizing the psychological service directed to take them out of hard situations.

Psychic development and psycho correction – these works are directed to active influencing on the process of forming the personal and intellectual qualities of young people, educator- teachers. The psychologist of an educational establishment works out the program of correcting the defects and weak points in psychic development and behavior of persons and puts them into practice.[3]. It is not a secret that, supplying educational institutions with high qualified psychologists of present time is not easy at all. Providing the education of the specialists of today in courses of increasing their skills serve to increase the efficiency of psychologists' activities.

Taking into consideration that there is a huge necessity in psychological specialists, we must pay great attention to training such specialists.

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