THE IMPORTANCE OF PSYCHOLOGICAL EFFECTS OF HADITHS ON PERSONAL DEVELOPMENT AND SELF-UNDERSTANDING

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Annotation
This article discusses the importance of family upbringing and the role of hadiths in the development of the individual. Of course, the exemplary actions and behavior of parents and elders in the family are the most important thing in the development of a person. Everyone faces perfection through self-awareness.

Keywords: personality, maturity, hadith, upbringing, self-awareness, behavior.

Introduction

After gaining independence, our people are living in peace and tranquility. Of course, we should be thankful for this blessing. Great work is being done on the education and health of young people, which began with the efforts of our first President Islam Karimov and continues with the work of our current President Shavkat Mirziyoyev. Evidence of this is the growing number and quality of science and sports facilities. In addition, at the initiative of the President, since the years of independence, each year has been given a unique name, a large-scale work is being carried out, rehabilitation work has been carried out in each region and district.

This indicates that all conditions have been created in our country for the health of children and their development into full-fledged human beings. In his speech at the session of the Oliy Majlis, the first President of the Republic of Uzbekistan IA Karimov stressed the need to find a completely new morale of the members of our society, who are the main participants in the great changes taking place in building a democratic system in free Uzbekistan. . The concept of self-awareness in psychology is a volume, a multi-level process, and a structure that occurs step by step.

Research Methodology

It is common to consider four stages: cognitive (the simplest processes of self-knowledge and self-knowledge and the mental states of the body); Personal (experience and expertise related to their strengths and weaknesses); intellectual (self-analysis and self-observation); and behavior (symbiosis of earlier stages due to behavior). There are theories that self-awareness of identification involves only two

stages: passive and active. In the first stage, the self-awareness of the individual is the automation of development and the second encompasses and defines this process. The main functions are: getting information about yourself; Emotional self-formation and 'creative' formation; self-defense of his unique identity; Self-regulation of behavior. An individual's self-awareness is absolutely genetically predetermined. The child knows that he, the personal qualities, distinguishes himself from others, so that the whole world gradually understands itself. Its development replicates their knowledge of the objective world. Then this process goes to a higher developmental path, where emotions, reflection processes appear in a conceptual form. The main feature and the most important component of self-awareness is the image of "I". It is relatively stable and not always aware of their perceptions of themselves, as a result of which it has been in contact with people. This condition is directly related to their actions and involves three components: cognitive, behavioral, and evaluation. The first involves his appearance, abilities, and social significance. The second component involves instilling respect and sympathy from friends, teachers, or colleagues. The third is self-respect, criticalness. Too low self-esteem leads to shyness, uncertainty, and lack of realization of one's talents and skills. Such people are usually very, very critical of themselves and set achievable goals.

Analysis and Results

They exaggerate personal failures and do not act without the help of others. Active, energetic and optimistic people develop self-esteem. It is characterized by a conscious perception of one's abilities and capabilities, and a rational attitude toward failure at the level of appropriate claims. Self-esteem, as well as self-esteem for self-esteem, i.e., personal opinions about oneself and a strong territory regardless of the opinions of the people around them according to the people located. The analysis of theoretical work allows us to shape the moral identity of the individual. This manifests itself in the process of regulation and awareness of his actions, thoughts, and feelings. As a result, there is a correlation between his moral values and the demands of society and his spiritual appearance. The moral identifier of a person is a normal system, in the sense that it is not necessary to oppose each other. It's a funny and theoretical level. A simple degree can be described by an assessment of ethical norms that underlie human relationships. This degree follows the customs and traditions accepted in the society. It involves simple conclusions, evaluations, and observations. And the theoretical level, in turn, is based on ethical concepts that help us understand the nature of ethical issues. This provides an opportunity to engage in activities. There are such components, for example: values, meanings, and ideals. They associate a

person's moral qualities with a person's behavior. Moral specific forms of the individual are shame, debt, conscience and responsibility, reward and duty. At the same time, shame acts as a primary form, and conscience is universal. Shame allows the virtue to work in accordance with the guidelines in the prescriptions of the cultural and ethical institutions of society.

Conscience is a person's experience in relation to their dignity and the correctness of the actions performed. Debt is an internal requirement that requires a person to comply with his or her own ethical standards. It is the responsibility of the responsible person to choose any reason, need, idea or desire. Stripes mean understanding the connection between others 'decent action and their struggle against immoral behavior. It has a similar meaning, encompassing the concept of criminal responsibility and three components: understanding the fulfillment of moral requirements, respect, and internal coercion. The mind not only reflects the truth, but allows it to express certain relationships. This property allows an individual to occupy a single position in inanimate and wild objects, in specific living conditions and circumstances. That is, the existence of consciousness gives dignity and personality to human behavior.Finally, consciousness embodies the creative principle that opens man up to peace and the natural mine. Conversations about the nature of consciousness involve the use of such concepts as personal and personality. At the same time, they are discussed in a chapter on man, which is considered in terms of self-awareness. When it comes to a particular topic (not about form, group, community), we use the term individual. But if you need to emphasize some of the qualities that distinguish representatives of species, we use the term. Because education is a product of consciousness, but it is also a factor that determines the level of consciousness and its development. Consequently, consciousness cannot be changed without changing the education system. Without changing consciousness, the highest goal we have set for ourselves is to build a free and prosperous society. Education is a practical pedagogical process aimed at the formation of certain physical, mental, moral, spiritual qualities in a person; a set of measures taken to ensure that a person has the qualities necessary for life in society.

Education is the most ancient and eternal value that ensures human humanity. Without education, neither the individual nor the individual society can exist. Because the values that ensure the existence of man and society are passed from one generation to another only through upbringing. It is known that in recent years, globalization has become one of the problems interpreted in connection with almost all social phenomena, based on different district views. Today, we are witnessing that the process of globalization is attracting new territories and regions, all spheres of

human activity. In particular, some unhealthy forces are seeking to make greater use of the process of globalization in their own interests in order to assimilate their ideas and ideologies in the ideological and spiritual spheres, to expand their spheres of influence. In order to protect our youth from this, we need to raise their morale and create all the conditions for their maturity. The upbringing of a human being must, first of all, be based on science, scientifically organized. If education is not organized in an illiterate, systematic and regular manner, such "education" will only harm the future of man, the formation of the individual. Only when these rules are followed can education achieve its ultimate goal - to bring up a perfect person. Our Prophet Muhammad described the qualities of a perfect human being as follows: "A perfect Muslim is one who is safe from the tongue and hands of other Muslims." We can take Muhammad as a perfect man in Islam.

He was sent by Allah as a mercy to mankind. They were the ones with the highest morals combined with the excess of all human qualities. Allah the Almighty emphasizes that they are of high moral character and says, "And indeed, you are of a great character." The Prophet (peace and blessings of Allaah be upon him) himself said, "I was sent to perfect the morals of the people." And many times they have left us their blessed hadiths, focusing on the upbringing of the child and his education. The purpose of education is determined by the development of social society, its direction of development, the content of social relations. The main purpose of education in the Republic of Uzbekistan today is to bring up a mature person. The result of education is the training of highly qualified personnel who meet the highest moral and ethical standards. The process is two-pronged and requires organization and leadership, as well as active participation by the students themselves. The educator plays a leading role in this process. He understands the general purpose of social education, is aware of the system of tasks to achieve it, can choose the right form, method, means of education and apply it to the educational process. The essence of the educational process can be successfully scientifically analyzed with a comprehensive approach to education. A person is a social being that is formed as a result of upbringing. Many of the qualities of a person are not isolated from each other, but are strongly intertwined. In the process of upbringing, a child's personality develops as a whole, not individually. As a child grows and develops, parenting tasks become more complex, deeper, and more stratified.

The upbringing of a comprehensively mature person consistently provides him with mental, ideological, political, moral, labor, aesthetic, physical, ecological, economic and legal education, the unity of consciousness, behavior and activities of students, as well as the organization of the educational process. it is necessary to create

pedagogical systems that ensure the integration of individual, group and mass forms, and to adhere to the ideas of this system. The process of social education is aimed at shaping the social qualities of students, creating and expanding the scope of their relationships with the environment, society, people and themselves. The broader, more diverse, and deeper the system of social relations in which students participate in higher education, the richer their spirituality.

Conclusion/Recommendations

In short, in the upbringing of every child, constant attention should be paid to cleanliness and morality. Of course, it is necessary to pay attention to the future of our children, not to spare anything for their development. After all, the first President of our country I.Karimov said: It is always important for us to grow up on the basis of The material well-being and well-being of the family, the level of cultural life, the stability of a healthy environment, the psychological attitude of family members, the existence of mutual cooperation contribute to the socialization of the individual in society. Organized work in the family teaches children to be prudent, to plan work, to use time efficiently, to save money, as well as to preserve the blessings of others, the product of human labor, the father in the family If the mother is an example to the child to work, to appreciate him, the child will develop this character of diligence.

There is a saying among our people: "A bird does what it sees in its nest". A hard worker never goes astray. In any social society, the upbringing of the younger generation is organized on the basis of a specific goal. Man's maturity is directly related to his health. After all, only a healthy person can work for the development of both the family and society. The hadiths, in general, in the teachings of Islam, place great emphasis on cleanliness and purity, including mental and physical purity: "Allah Himself loves purity and cleanliness. She is clean and loves cleanliness. He is generous, he loves generosity. He is open-minded and loves to be open-minded. Keep the front door clean."

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