



## PSYCHOLOGICAL CHARACTERISTICS OF FEELINGS OF LOVE

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### Annotation

In this article, the peculiarities of the concept of love are enriched by the brilliant knowledge of Eastern thinkers and the views of researchers of Western countries. and the age - related development of the larvae.

**Keywords:** Life, kindness, loyalty, love, Emotion, high attitude, physiological instinct.

### Introduction

It is well known that in the history of social thought, love has been given different meanings. In Greece, love was understood as a mythical force that ruled over people and nature, resulting in the idea of the god of love - Eros (Eros). Empedocles saw love as the unifying factor of the universe - human and natural phenomena, while Plato divided love into two types - Emotional Love and Mental Love. According to him, Emotional Love is derived from the perception of external beauty and is the lowest stage of Love. Intellectual love, on the other hand, arises from a broad understanding of beauty - a moral-aesthetic, scientific understanding. He prefers mental (spiritual) love. Good human relations and the ethics associated with them Study, observation and attitude of Central Asian thinkers has been a reporting issue. They understood love between people, including men and women, as a high relationship[4].

For example, according to the teachings of the Orientalist Abu Ali Ibn Sina, if it is not possible to unite hearts based on differences in religion, health, age and social origin, and so on, for reasons known to the souls they love, then He recommended the use of various treatments. For example, cooling a person who is experiencing Emotions from a lover, weakening Emotions, Transferring Emotions to another person, distraction, weakening Love Emotions by satisfying organic needs.

### Research Methodology

Another great thinker, Abu Abdullah Rudaki (858–941), repeatedly emphasized in his works that love for the motherland, the people, friendship and cooperation between people are important for society. According to him, the fact that people of different religions do not prevent true friendship does not prevent them.





According to Yusuf Khas Hajib, love is the basis of a strong family life and social perfection. He stressed that family upbringing plays a key role in shaping the spiritual and moral image of children. "If your son or daughter behaves badly, it is the father who did the bad thing, and nothing else. When a father supervises and teaches a child, he will be happy to have a son and a daughter when they grow up. "

This means that the child should be under constant parental supervision. Every love that exists in nature is true and beautiful not only in the head but also in the heart. At the same time, love is a powerful feeling that can forgive all sins except those against Him alone[5]. Love does not rest like fire, but it does die as soon as it falls into the trap of despair or fear. Love Feels the Most Subtle and Hidden Feelings. This is probably why some loved ones try so hard to hide their feelings of love.

Whole Feelings of Complete Love in Life Goes through the initial, fiery, and mutual stages of love.

The Beginning Stage It can be the beginning of true, bright, lifelong pure love, or it can be just a passion, or it can be some form of short-lived love. This stage can be the beginning of the "agae" type of love or the beginning of the "ludus" type.

### **Analysis and Results**

The first stage is observed in many people and disappears before the second stage. This stage of love is the feeling that arises as a result of the interaction of two sexes for a certain period of time, which is more in line with our aesthetic taste, and which can satisfy aesthetic and sexual needs (sexual intimacy is not necessary). This is often the "ludus" type of love. But you can't put Cases in the first place, like meeting them on the street and suddenly falling in love.

For girls who pass the first stage relatively quickly, the second stage lasts longer than for boys. The reason for this can be explained as follows: - First of all, the predominance of the mental factor over the sexual factor in girls. Often, sexual life begins in the second stage of emotions. In the Emotions of Guys, due to the strength of the sexual factor, mental satisfaction is faster because the amount of the spiritual factor itself is less;

- Sexual Emotions are not a novelty for young men after marriage, because some of them have a lot of experience even before marriage.

The second, i.e., from the ignited stage, does not return to the first stage. It is only possible to move from the second stage to the third stage - the stage of mutual respect. This means that only the first stage has a return character, and from the second stage the Emotion becomes irreversible[6]. Only for obvious reasons can these steps be completed "quickly". This is especially true when experiencing first love at a young





age - Love, or in people with a light nature who suddenly fall in love. It can be likened to a fire that burns out quickly.

The third stage differs from the second stage not in the idealization of the object of love, but in the objective perception of the successes and shortcomings of the lover's personality, with a slight decrease in the power and external expression of emotions. For most lovers and couples, the transition from the second to the third stage casts doubt on the preservation of the relationship between them. This doubt is not in the transition from one stage to another, but in not knowing in advance that the love that inevitably occurs in every loving couple will pass to the stage of mutual respect, misinterpreting the emotional changes in the transition, "I seem to be lost in choosing the object of love », Misconceptions such as.

Usually, in young families, disagreements between spouses increase during this time, and many young people in such a situation look for a new object of love outside the family. Some families misinterpret these changes and break up. That is why young people need to know in advance the changes that will take place at different stages of their feelings of love and not to sacrifice their feelings in advance.

The third stage can last for the rest of your life or can be exacerbated by various and external influences.

The second stage is experienced once with a specific lover and it is impossible to return to the second stage with the same person.

One can experience the fiery stage many times in one's life, but each has a new love.

### **Conclusion/Recommendations**

The third stage can be observed in families that have lived together for many years. In this case, the husband's feelings for his wife or the wife's feelings for the husband are sharpened. That is, a person's emotions increase or subside at some point in life. Love at the level of love, compassion, and devotion is a biological phenomenon that is present in the genetic program of humans and animals. The reason for the purity of family relationships is also reflected in the behavior of children in the family, the strengthening of their spiritual maturity and, in many cases, the loving relationship between parents and their children.

Conclusion It should be noted that love is not only a strong passion for the union of the two sexes, but also a person's parents, relatives, loved ones, friends, relatives. It is a powerful means of spiritual rapprochement with its neighbors, its educational and labor communities, its people and its homeland, and humanity in general. It is only through love that an individual is able to embody in himself a beautiful character, a





high esteem in the eyes of a certain community and society, and to arouse in others a sincere affection for himself.

### **Foydalanilgan adabiyotlar**

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