



PSYCHOLOGICAL ANALYSIS OF FACTORS THAT DESTROY FAMILY STRENGTH

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Annotation

This article is about a country where families are strong and prosperous - strong and prosperous. " Uzbek families have the qualities of childhood, sincerity of relations between parents and children, a strong sense of honor, respect for the young, respect for the elderly. In the East, when the father was the head, breadwinner, and guardian of the family, the mother was thought of as her beauty.

Keywords. Young family, Uzbek families, spouses, customs, values, traditions, society, family.

Introduction

In our country, the family has long been revered as a sacred fortress. After all, in the human heart, the feelings of harmony, compassion, and the ability to become acquainted with knowledge and enlightenment begin to form, first of all, in this sacred place. The essence of our national values is at the heart of the fact that the family is the main link in society. Supporting the family by the state, ensuring their stability as a key link in a comprehensive society is one of the priorities of each country[3].

There is a saying among our wise people: "A country with strong families and prosperity will be strong and prosperous." Uzbek families have the qualities of childhood, sincerity of relations between parents and children, a strong sense of honor, respect for the young, respect for the elderly[22]. In the East, if the father is the head, provider, and guardian of the family, the mother is her beauty, moderation, and grace. Children are the blossoms of the family flower.

Our country has all the opportunities to bring up children in the family, to provide them with universal, spiritual values and traditions, to raise the level of knowledge. As a child grows up in a family environment, his attitude to the environment and the family, his thoughts on starting a family and raising children in the future will be formed in all his behavior[11].

The family is a factor that ensures the continuity of generations, values, customs and traditions, as well as the spiritual heritage of our people from generation to generation. The issue of family support is in the constant focus of our state. Today, we are increasingly realizing that the basis of a strong, stable and prosperous state system is,





first of all, strong families, just as the search for the root of all the flaws and shortcomings in society is often justified in the socio-spiritual environment of families. In this sense, the President of the Republic of Uzbekistan Sh. Mirziyoyev sets urgent tasks for the relevant state bodies and public organizations to develop the institution of the family based on our national and spiritual values, to address gaps and problems that have been neglected for years[5].

Great work is being done by the government to make families strong and happy. But unfortunately, as the number of family breakdowns has increased, it has not decreased. There are many reasons for this. If we talk about some of the factors that cause family breakdown and ways to overcome them[17]. It is known that there are various reasons for family breakdown, but if you ask young people whose families are on the verge of breakup, you will hear the answer “our character didn’t fit”. In fact, it is caused by one of the following factors:

Lack of knowledge about family and family relationships in young people. That is, young people do not know the rights and duties of the bride and groom, do not understand the family culture, and young people in general are not ready for family relationships, which is the main reason for family breakdown[12].

Analysis and Results

Socially harmful habits, including alcoholism, drug addiction. Often, the husband becomes an alcoholic, gets drunk and quarrels in the family, eventually divorces and the family breaks up. But the fact that alcoholism is also taking place among women today is a tragedy upon tragedy. The husband becomes a widow, the wife a widow, and the children a living orphan[6].

One of the most common causes of family breakdown is adultery, and the greatest goal of marriage and marriage is to avoid adultery. that is, to satisfy sexual desire in an honest way. However, it is sad when a husband or wife commits adultery, and adultery is a disaster that leads to the decline of society. This evil is the most abominable act in all nations, the trampling of honor and filth. Today, as a result of the increase in adultery, many families are falling apart and children are becoming living orphans[13].

Lack of patience and tolerance in a couple’s relationship is one of the causes of family breakdown. Life is a very complex process, in which different situations occur. Sometimes there are disagreements between husband and wife in the family for various reasons, such as joy and sometimes sorrow. Haste, irritability, dissatisfaction, arrogance, and looking for dirt under the nails can damage family relationships. It should be noted that if a husband is dissatisfied with his wife's bad behavior, he should





not forget that he has other good aspects as well[18]. A woman should also be able to control her anger when the time comes, even if she doesn't like it, and get used to enduring certain things out of family respect. Just as we need to be patient with each other spiritually, it is very important to be content and patient with each other materially[7].

Another important aspect of educating young people in Uzbek families to be able to sustain marriage is the issue of life experience. It is known that in our people there is a tradition of early marriage of girls, early marriage of boys. This habit also really depends on many factors. However, such a "throwing" of young people, who have not yet fully mastered the lessons of life, into the whirlpool of life, is more a sign of dependence on their own false stereotypes, rather than love for children. In fact, without a certain amount of life experience and knowledge, young people cannot be considered mature enough to get married[14]. It is important to keep this in mind, since it contains important conditions that determine the stability of a marriage. Being able to correctly assess different life situations and conditions, to understand events correctly, to objectively assess one's own achievements and shortcomings, knowledge and abilities comes to a person through life experience. This means that young people need to be given the opportunity to achieve more maturity for family relationships[23]. Young people should have the opportunity to "model" their care for others, their ability to solve future family problems fairly throughout their lives[19]. Only then will they have an idea of the future stable family life. Another factor that is crucial in the stability of a marriage is the issue of age. Demographically, the older the generation that builds a family, the more mature it will be for family life. It involves the issue of life experience. In order to be ready for a family, it is desirable that young people graduate from secondary or higher education, have a profession or occupation[15]. But, on the other hand, it is necessary to take into account a trend in the lives of today's youth. It is also the process of acceleration in today's youth. In our opinion, this is also true for the youth of Uzbekistan. According to Article 15 of the Family Code of the Republic of Uzbekistan, the minimum age for marriage is 18 for men and 17 for women[8].

Another serious reason for the breakdown of young families is the inappropriate parental intervention in it. It is well known that in ancient Turkic peoples, parents were the guarantors of the upbringing of young people and the strength of families. If there was a slight disagreement in the family, they advised and immediately set off. They were taught patience and tolerance. For some reason, to this day, there is a proliferation of parents, in-laws interfering in young families, or committing excessive unbelievable things[20].





Another reason for family breakdown is infertility. Childlessness is a frustration in this family. Some people are in a hurry to do this, as a young family must have children in the short term. A month after the bride is taken, they take the bride and groom to rest, or run to the doctors.

Another reason for family failure is the "shamelessness" of the telephone and the Internet. It is known that the world of telephone and the Internet is a place of communication with distant relatives, a large library and conveniences at work, and so on. However, as with the two sides of the coin, some people have turned this blessing into a source of conspiracy, corruption, depravity, and shamelessness[9].

Another serious reason for the breakup of families is materialism. Unfortunately, the number of parents who make their children unhappy because of trivial fabrics is increasing day by day. After all, happiness and family well-being are not measured only by wealth! Although the economic opportunity is vast, the family will not be strong if a person is spiritually poor[21].

A spiritually mature person cannot be indifferent to everything around him. A spiritually rich person does not live in the West, assimilates Western culture as it is, but adapts it to our Uzbek, national characteristics[16]. It seeks to preserve the sacred fortress called the family. The husband and wife, who form the unity of the family, are spiritually rich, mentally mature, and can anticipate any harmful effects and protect their family. At the same time, they approach the upbringing of children from the same criteria.

Conclusion/Recommendations

As one of the famous philosophers of the East, the poet Mirza Abulkalir Bedil, said, Indeed, the spiritual image of man can also be compared to a huge building. If a person is not brought up properly from a young age, when he grows up, he will not have the opportunity to set him on the right path. Therefore, along with ensuring socio-economic development in our country, special attention is paid to the education of a harmoniously developed generation with high spirituality[10].

The advice of experienced and experienced parents, their exemplary lifestyle also play an important role in ensuring the stability of the family. From this point of view, we believe that if the new families emerging in the society are an example of their life and learn from their experience, the family will be stronger and the growing children will be educated. Consequently, the family fortress is further strengthened on the basis of spiritual maturity and rich experience. There are various factors that lead to family divorces in our daily lives. For example, one of the most important reasons for divorce is that both parties do not know each other well, or that the bride and groom are not





ready for marriage, have not learned to work, and do not tolerate difficulties that can be overcome with patience and will.

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