

# THE ROLE OF SECULAR AND RELIGIOUS VALUES IN THE SPIRITUAL EDUCATION OF YOUNG PEOPLE

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### Abstract

Today, the ways of choosing and mastering the type of education among young people, entering the labor process, family formation, professional growth, spiritual and moral formation are indicated. In the article, historical values are a socio-spiritual phenomenon, indicating that it covers the culture, history, language, religion, traditions, traditions of a nation, the material and spiritual wealth of society, all aspects of economic, socio-political life.

**Keywords:** spirituality, honesty, truthfulness, man, the essence of the universe, perfection, spirituality.

## Introduction

The issue of educating spiritually and physically mature young people is a nationwide, nationwide task for today's Uzbekistan, and continuing the work carried out on the path of this noble goal with consistency and rigor has become the main criterion in this area. In this regard, the power that constantly moves society is a national idea, a clear vision of values that serve the national interest, progressive democratic rules and concepts, their study, preservation, enrichment, development, education of the people, first of all, the growing younger generation with these knowledge and skills – is the highest priority in the field of spiritual education.

#### **Methods**

Youth is considered a socio-demographic group in society, which is characterized by some common features: including modernity and erudition; striving for new professions and a new way of life; social mobility, etc. Revaluation of values in young people is different in relation to adults, that is, they are actively assimilated by needs and ideals, moral standards. Today, among young people, the main problems are the choice and acquisition of the type of education, the introduction into the labor process, the formation of a family, professional growth and advancement in service. It is known to us that upbringing is a continuous process that forms and improves a physically healthy, spiritually harmonious person under the influence of Family,

Educational Institutions, social, political and other organizations, the media, etc., which serves to transfer intergenerational socio-historical and life experience. A concept that represents the process of practical education and training, which is considered a means of educating high spirituality, aimed at the formation of such qualities as physical perfection, spiritual, moral, spiritual maturity in a particular person, team, specific group, Society, nation, is spiritual education. Spiritual education in a broad sense expresses the totality of all spiritual influences, activities, actions, aspirations aimed at the formation of a person's personality, ensuring his active participation in productive and social, cultural, educational life. Any spiritual education is carried out in the harmony of secular and religious values, in the process of which not only the knowledge of the individual increases, but also the decision of spiritual and moral qualities is accelerated.

Of course, today, in the process of educating young people, it is appropriate to make them look at secular and religious values without interruption, to realize that the common, harmonic role of these values in the development of Man, society is incomparable. Currently, one of the most pressing issues in the social, economic, political, spiritual, cultural life of our country is the upbringing of young people in the spirit of secular and religious values, the cultivation of them as real heirs of tomorrow. Secular and religious values are considered an integral part of the psyche of people and, in a common way, show a person's attitude to life, society, members of society. Secular and religious values influence society and human activity in their own way, sometimes pushing people to productive activity as an ideal, sometimes spiritual criteria, moral demand, law, as a rule, determine the behavior and lifestyle, aspirations and needs of people. It controls or sets off their activities, that is, it performs its regulatory function.

Secular values are a socio-spiritual phenomenon that covers the culture, history, language, religion, traditions, traditions of a nation, the material and spiritual wealth of society, all aspects of economic, socio-political life. Secular values can also include the ideas of a Just Society, a perfect person, peace and prosperity, expressed in the works of our medieval scholars.

The focus of religious values is on the issue of Man and humanity. In particular, the Avesto places a great emphasis on human spirituality and practical activities. The work has been interpreted as goodness, light, perfection, goodness, sufficiency, the most superior values. The fact that people follow the forces of good, light, distinguish good from evil, justice from unfairness, are not indifferent in the struggle for good, have found expression in the way of living, spiritual image, social activity in "noble thought", "noble word" and "noble deed".

In the teachings of sufism, humanity is the main issue. He emphasizes the upbringing of the human soul, the improvement of a perfect person. In particular, in the "Devan of Khikmat" of Ahmad Yassavi, the main forms of spiritual values are the definition of such qualities as purity, shame, tolerance and patience, endurance, cheerfulness, impudence, humility. The ideas put forward in Naqshbandiya's teachings, such as humility, generosity, tolerance, compassion, charity, mutual assistance, friendship and brotherhood, equality and harmony, purity, hard work, purity, justice and erudition, are universal in their meaning and essence, and also have their theoretical and practical significance in the secular value system.

That is why it is advisable to widely use the factor of Islam in the upbringing of the harmonious generation, the instillation of secular and religious values in young people, through the promotion of the essence of Islamic doctrine, its features of humanism, peacefulness, moderation and enlightenment among young people. In order to solve all the problems of public life and personal life, first of all, the idea that a person himself must be spiritually and conscientiously pure, honest, believing, religious, educated forms the core of Islam.

Today, it is necessary to adhere to the secular and religious values of morality, respect all members of society on the basis of sincerity, be conscientious, honest, selfless, work selflessly without forgetting the interests of the nation, society, state, glorify a person, learn and follow values, respect, apply to life, carry out the educational process based on these values. After all, the more young people learn from secular and religious values, believe in them and follow them, the richer the thinking of young people, the higher their spiritual perfection.

We see it in the activities of our great ancestors, who fully adhered to the harmony of secular and religious values and gave rise to the First Eastern renaissance in the 9-12<sup>th</sup> centuries, the last in the 15-16th centuries. Young people, brought up in the harmony of secular and religious values, deeply realize the spirit of justice and truth, freedom and independence, noble goals on the path of progress, serve for the prosperity of the Motherland, for the peace of the country and for the well-being of the people. In them, the qualities of living, believing in knowledge and strength, having their own independent views are strengthened, free from sufficiency, muteness and impudence, and this commonality guarantees the free activity, solidarity, right-handedness of representatives of different nationalities and religions in our state.

On the basis of spiritual education, which expresses the commonality of secular and religious values, the possibilities of unification, stabilization of society are embodied in the framework of promoting the idea of the unity of the Motherland for citizens of

different religious beliefs and subjects in our country, harmonizing relations between man and society, citizen and state. In this way, the path opens to substantiating the concept of harmonization of different beliefs, different views and relationships. In this case, the question of stabilizing society is understood in connection with the spiritual and spiritual maturity and perfection of a person.

In the current period, when freedom of conscience, human race, nationality, religion, lineage, gender, mutual equality are ensured, universal ideas are the main criteria, in which human life, happiness, upbringing, enlightenment, while maintaining its fundamental essence, secular and religious values occupy an extremely important place in the pursuit of spiritual purification, goodness and goodness, in a word. In our state, which relies on the idea of religious tolerance, representatives of different nationalities with different religious beliefs are united, living and working on the same land.

This means that people live as a partner and harmony in the way of noble ideas and intentions, for a land, for a Homeland. implies the cooperation of members of the whole society, is an important condition for strengthening peace and stability. Succession to secular and religious values, which constantly and steadily exist for the life and work of Man, nation, Society, which embody the highest concepts and principles that are necessary for a person all the time, which will never lose their value, is an everyday necessity.

## Conclusion

In short, the role of secular-religious values living in our country for centuries is unique in the upbringing of every young person growing up in independent Uzbekistan as a person of spiritual perfection, strong will, faith-faith as a whole, armed with a national idea, with strong ideological immunity, developing consciousness, radically changing his attitude to life, work, property, living with a deep It is also necessary to identify methods and best practices for increasing the importance of the factor of secular and religious values in the upbringing of modern thinking in youth, to improve them.

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