



## **THE ROLE OF SOCIAL SPHERES (MEDICINE, SCIENCE, EDUCATION) IN THE ACCELERATED DEVELOPMENT OF THE ECONOMY IN OUR COUNTRY**

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### **Abstract**

The article presents, using the example of the development of the economy and the social sphere of the economy (medical, service, educational institutions), the main issues of the economy, as well as five priorities of the President of the Republic of Uzbekistan for 2017-2021. The article also provides an overview of social activity, and also touches upon the necessary factors of social activity in the training of competitive personnel in our society.

**Keywords:** Action strategy, economy, economic resources, production, social protection, healthy lifestyle, physical activity, social infrastructure, medicine, public health, social networks, economic system, social activism.

Today, our country is becoming more and more dynamic in the economic sphere, and its significance in the development of the social sphere is gaining a special place. In this connection it is possible to specify changes in the sphere of *obslujivaniya*, *obrazovaniya*. In *chastnosti*, the sphere of *obrazovaniya* plays a special role in the further development of *ekonomicheskoy sistemy*, *stanovyas* leader in the realization of *srednego obrazovaniya*, *deyatelnosti sistem vysshego obrazovaniya*, *sistemy obrazovaniya*, *innovatsionnyx proektov*.

In order to further develop the education sector, the medical sector, as well as the service sector in our country, further develop the system for training mature and potential personnel in these areas, create modern educational literature, provide a material and technical base in educational institutions, they are used in the further development of the social sphere, as well as in the field of education.

An economy is an economic system that focuses on the production and supply of vital tools necessary for a person, and that provides a unity of activity that is focused and closely interconnected in order to efficiently use limited economic resources. [1]. The constant and main problem of the economy is the immensity of needs and the limited economic resources.





In order to further develop the economic and social spheres, the President of the Republic of Uzbekistan in his "Action Strategy" on the State Program for the implementation of the Action Strategy for five priority areas of development of the Republic of Uzbekistan in 2017-2021 "Year of Science, Education and the Digital Economy" Priorities for the development of international economic cooperation and ensuring the balance and stability of the national economy, including the development of industry, services and the social sphere.

In order to further develop the social sphere in our country, in particular, to further reform the system of medicine, science and education, the practical implementation of a number of practical works identified specific measures. Based on this, the following are allowed to be adopted:

1. Development of education and science
2. Improving state policy towards youth
3. Consistent increase in employment and real income
4. Improving the system of social protection and health care of the population, increasing the social and political activity of women and girls
5. Restoration of affordable housing, development and modernization of road transport, engineering communications and social infrastructure, ensuring an improvement in the living conditions of the population
6. Further development of culture, sports and tourism

Reforms carried out through a system of consistently increasing employment and real incomes, improving state policy towards youth are effective in further improving the process of developing the economic and social sphere, which has its place in our society today. In this regard, the practical work to restore affordable housing, improve the living conditions of the population in order to support young families is fully confirmed in practice.

Within the framework of the above tasks, the adoption of a decree and a decision of the President of the Republic of Uzbekistan on the development of the social sphere in the framework of work with the population, the implementation of programs for the development of microdistricts, schools and districts are responsible tasks for our state. In the system of further development of the social protection system to improve the health system and increase the social and political activity of women, to ensure employment based on propaganda programs developed in remote areas, to develop poverty reduction programs, employ unemployed women, prevent poverty, to get acquainted with the activities of the community, cooperate with schools, districts, higher education systems.





The creation of a healthy environment among the population plays an important role in the field of social media. The most basic steps in the main areas of a healthy lifestyle are as follows:

- Compliance with the rules of personal and public hygiene;
- Physical activity;
- Follow the agenda;
- Rejection of bad habits;
- Healthy food;
- Work and leisure;
- Culture of treatment;
- Peace of mind;
- Lack of medical culture;
- Sexual education.

Everyone should know a very simple method of forming a healthy lifestyle. [3.]

First of all, as a person, regardless of profession, who we are, we must pay attention to the rules of personal and public hygiene. We must adhere to the daily regimen, refrain from bad habits, especially during the day. Our ability to work properly, exercise during the day, and mental well-being are also integral to human health and the development of a healthy environment in our society.

Humanity can face various health problems as a result of medical illiteracy. In order to promote a healthy lifestyle among the population, sports clubs have been opened in the regions. Physical activity, as well as all aspects of a healthy lifestyle, are the most important indicators of human health in shaping a healthy environment in the future. The creation of a healthy environment in our society, the development of a system of economic growth, the acceleration of the social sphere is one of the necessary conditions for social paralysis.

Social activity is one of the most important aspects of human activity, which is based on a person's understanding of political and moral identity and manifests itself in his or her participation in the life of society and public affairs. Also, through social activity, society develops, the level of mature potential rises.

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