



SOCIO-CULTURAL COMPETENCY OF A SPORTS TRAINER-TEACHER

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Annotation

In recent years, the term "social-cultural competence" has become one of the most common topics and concepts in pedagogical, professional and normative-methodological literature. This article presents opinions on the problem of raising the level of socio-cultural competence of trainers-teachers in sports and their solutions.

Keywords: Socio-cultural competence, physical education, sport, trainer, worldview, national and universal values.

Introduction

The spirituality of a socio-culturally competent sports coach is wide-ranging, he has a strong opinion, and through the qualities of nobility, humanity, sincerity and tolerance, he manages to gain millions of fans. Such a trainer-teacher is considered to have sufficient knowledge, qualifications and skills, he has studied the historical heritage in depth, he knows the traditions and customs of other local peoples perfectly, he is socially active, patient, always ready to improve the status of his country. The article describes the important aspects of socio-cultural competence, the main tasks of socio-cultural competence, the specific characteristics of the socio-cultural competence of a trainer in sports.

It is known that "competence" is characterized by the acquisition of knowledge, skills and abilities necessary for the implementation of professional activities of personal and social importance by the pedagogue and their effective application in professional activities. Competence is an ability, knowledge, skill and competence that is considered a personal quality and is expressed in pedagogical activity and social life in various situations.





The term "socio-cultural competence" has become one of the most frequently used terms in recent times. Authors interpret this term differently, which in turn causes many misunderstandings.

Materials and Methods:

According to the definition of E. Pavan, socio-cultural competence means respect for another culture, understanding it and having a tolerant attitude towards others[10].

L.I. Korneeva believes that socio-cultural competence teaches understanding of another person and appreciation of his opinion, that is, a person perceives, thinks, evaluates another person under the influence of culture and builds a new scheme of activity on this basis. It is manifested in intercultural mutual understanding, in communicative adaptation to the behavior of representatives of other cultures, in the construction of new behavior based on the values and norms of different cultures [8].

D. Breathing socio-cultural competence means the ability of a person to systematically use socio-cultural knowledge, skills and abilities necessary for a person to successfully interact with people in a specific social environment, in a multicultural society, to organize effective communication based on intercultural values, as well as to respect other cultures. , defines it as the ability to understand and be tolerant towards others, to make rational decisions in various social situations, and to be ready to positively resolve controversial issues[3].

Among the main tasks of socio-cultural competence, it is possible to include aspects such as adaptation, social orientation, and the combination of personal and social experiences. The level of socio-cultural competence of a person is of great importance in the process of conducting interpersonal relations and establishing activities. At the same time, according to the results of research conducted by psychologists, the formation of the level of social competence in people in the process of adaptation of a person to new social and globalization conditions has a special place [4,5,6,7].

Environmental, political, ideological, social changes not only determine the development of social thinking, but also affect people's self-awareness, life values, and personal problems. This puts before the science of psychology the task of creating programs aimed at increasing the level of competence of a person in solving problems related to socialization and social adaptation [9].

One of the most important factors determining the quality of sports education is the competence of the sports trainer in the chosen sport (specialty). Pedagogical skill of a sports coach is reflected in his professional competence, personal and professional qualities.





According to E.A. Seytkhalilov and M.I. Stolyarenko, the professional and pedagogical skill of today's trainer-pedagogue should include the following knowledge, skills and qualifications:

- a worldview that allows to know the high-spiritual-moral characteristics of the athlete;
- motivation to consciously approach one's profession as a creative process;
- the volume (system) of knowledge, skills and qualifications that make it possible to purposefully organize and manage the pedagogical process;
- creative-genetic ability that makes it possible to carry out a multifaceted pedagogical process on a scientific basis[11].

Professional competence is the ability of a sports coach to perform tasks related to his professional activity and the ability to effectively use it, and it requires having many characteristics typical of a physical education and sports specialist. We can note socio-cultural competence as one of the most important components of the general structure of professional competence in the pedagogical activity of a sports trainer.

A socio-culturally competent sports trainer understands social norms correctly, thinks independently and makes reliable decisions when problems and misunderstandings occur, listens and understands the opinions of others, and observes the rules of etiquette when interacting with others. , can apply existing knowledge and skills in new, non-standard situations, has a positive emotional attitude towards society, people, and nature.

Results

In our opinion, the socio-cultural competence of a trainer-teacher in sports is the possession of universal, special and professional qualities for the implementation of pedagogical activities, the development of a culture of tolerance and humanity, one's homeland, its people, its language, religion, age-old traditions, cultural to be able to fully understand the uniqueness, to learn about the traditions and values of other countries, to know about mutual relations and cooperative activities, to establish friendly relations with athletes of other nations, to be in harmony with representatives of different nations, the languages, history, culture, and spiritual values of all nations and peoples , respect for customs and traditions, thoughts and beliefs, friendly attitude towards representatives of other religions, contributing to the strengthening of inter-ethnic harmony, the concept of sincerity and tolerance [1]. A sports trainer with socio-cultural competence successfully fulfills the duties and tasks assigned to him, carries out effective activities that ensure the achievement of goals, achieves positive results, eliminates old patterns in his professional activity, has a high level of



general professional culture, social activity, has independent thinking, can solve his tasks and problems without difficulty, overcomes obstacles, mobilizes himself for great work, spends his free time meaningfully, spends his life and all his being for social interests, actively participates in the management of society and state affairs, makes social activism his citizenship knows that it is his duty, can adequately communicate with representatives of other nationalities.

Debate. Socio-cultural competence of a trainer-teacher is his knowledge, worldview, creativity, modern thinking, ability, interaction with colleagues and students, systematic work on himself, organization, initiative skills, feeling of belonging to events, events and processes in society and participation in them. It depends on knowing the basics of humanities, socio-economic sciences, current issues of state policy in the field of physical education and sports[2]. Another important condition for the success of a sports trainer is not only his professional and personal readiness, but also his socio-cultural competence. Sports coach with socio-cultural competence, national and personal pride, good intentions, honest and good conscience, pious, highly conscious, broad-minded, master of the art of dealing and communication, morally and spiritually mature, responsible for work, humanitarian, selflessness, tolerance, justice, humility, honesty, willingness, patience, kindness, kindness towards colleagues and sports representatives from other nations, politeness, sincerity, fortitude, national and universal values, respect for traditions and customs, loyalty, etc. embodies qualities. He deeply understands the nature of the changes taking place in the social life of the society, the socio-political reforms being carried out, and in this regard, he gives correct and reasonable information to the young athletes, he is aware of the news and achievements of science, physical education and sports, and he engages in effective communication.

Summary

Socio-culturally competent sports trainer respects and develops the language, culture, traditions and customs of representatives of different nationalities living and working in our country, and thus tries to further increase the prestige of our country in the field of inter-ethnic relations in the world community, including sister countries. In this way, we can further strengthen the values of inter-ethnic and inter-confessional solidarity, harmony and tolerance, which prevail in our country, and become a personal example for brotherly countries in the field of inter-ethnic relations. A socio-culturally competent sports trainer contributes to the education of the young generation, that is, future athletes, in the spirit of patriotism, respect for national and





universal values, love and loyalty to the Motherland, respects the customs, traditions, language and customs of different nations.

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