



## "THE BIBLE'S VIEWPOINT OF PHYSICAL EDUCATION"

Karimova Xilola Abdirahmonovna

2nd-Grade Master's Degree at the University of Tashkent  
University of Pedagogy named after Nizamiy

Dotsenti Ibragimov Aziz Tulkunovich  
Scientific Director: TSPU Department of Physical  
Education and Sports

### **Annontment:**

The article discusses some of the recommendations for the importance of using modern pedagogical technologies in physical education and sports, the development of worldliness and thinking, and the development of physical, spiritual, and moral qualities.

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Incorporating teaching styles, teachers should prepare for classes, make the most of various weapons of mass destruction, and reveal the methodology of curriculum and programs. However, it is important to remember that the teacher is fully entrusted with the responsibility of managing teaching and teaching processes, making the most of existing learning tools and ensuring that students are as beneficial as possible in the classroom, and so on. He is responsible for using new pedagogical technologies to teach subjects; teaching and teaching teachers, as well as making the most of existing opportunities and conditions. To accomplish this task, the teacher must fully know the teaching process and the scientific and technical aspects of the subjects to be taught. The goal is to establish a teaching style so that students can fully master the subject being taught.

One way to determine the teaching method is to make a list of questions that apply to each of the six factors mentioned above. It is worth noting that ensuring the full fulfillment of the requirements of each component and complying with it will improve the effectiveness of the chosen teaching method. Methods and tools for improving the efficiency of the use of modern pedagogical technologies, integrating teaching styles in physical education and sports. Today, like all teachers, physical education requires the use of advanced pedagogical technologies, such as organizing classes on the basis of modern pedagogical requirements, an innovative approach to the classroom, and





developing students' learning to think independently during the course. Developing students' motivation for reading plays a major role in the process of physical education. Because the motive is to intrigue students in the teaching process, encourage students to participate actively in the classroom and gain knowledge.

Interactive methods can greatly help develop a reading motivation. Today, one of the most important tasks of education is the introduction of pedagogical technologies.

Focusing on cultivating the motivations of studying in all aspects of physical education will effectively teach students' learning processes. It is necessary to improve the physical education system. This system should focus on paving the way for students to think freely based on the cooperation of the student and the teacher. Using modular reading in the process of physical education will pave the way for students to think freely and independently. In physical education, we believe that the expected effect can be achieved if we use the above-mentioned work system.

Information and communication tools for the purposes of physical culture and sports education - this ensures the implementation of the most acceptable technology for their pedagogical use of information and communication technologies used in conjunction with teaching, methodological, regulatory, technological, organizational, and teaching manuals. Software and pedagogical tools in physical education and sports are programs that reflect a particular field of prediction, the technology of studying it or at this level, in various preparatory processes, rehabilitation and training of the teaching process, and the development of education. Modern software and learning tools are based on multimedia technologies. Electronic textbooks are a textbook about a textbook or a fully replaced textbook and officially approved as a type of publication. Telecommunication technology in physical education and sports is a collection of techniques, methods, methods, and tools for processing, communicating, disposing and broadcasting the information provided at any time.

Physical education is important in bringing physically strong, healthy, willful, and spiritually triggered children to perfection. (Matthew 24:14; 28:19, 20) Jehovah's Witnesses would be pleased to support more than the gecko's body weight—even when it is skittering upside down womb. In the educational process, students gain knowledge of personal and nutritional hygiene, planning the agenda, and the importance of morning bodybuilding exercises. Physical activity in practical training, on the other hand, gathers the student and expands his or her mobility. Through running, jumping, and throwing exercises, a child's physical qualities expand and his or her ability to use sports equipment properly is developed. The full manifestation of these aspects in the educational process will help to prepare the future winners of international prestigious sports competitions.





Therefore, in order to organize physical education classes interestingly and meaningfully, each teacher needs to have the skills to use more responsible, innovative, advanced methods. This requires that our teachers carefully prepare for the new school year by mastering modern innovation and methods.

The effectiveness of physical education in secondary schools is due to the accuracy and quality of sports equipment. Therefore, in preparation for the next academic year, the teacher must first overlook the completeness and suitability of sports inventories at the school and take steps to ensure their maintenance with the school board. Our research has proven the accuracy of our final qualifying work. That is, the introduction of pedagogical technologies in physical education, the development of teaching motivations in all aspects, the understanding of the essence of pedagogical technology, the deep knowledge, skills, and skills related to it, and their successful application in teaching will ensure high efficiency in the process of physical education.

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