



## WAYS AND METHODS OF INCREASING ENGLISH VOCABULARY

Yuldasheva Nodira Islamovna

English Teacher at Vocational School No. 2

Kattakurgan District, Samarkand Region

Phone: +998-97-214-68-91

### Abstract

Vocabulary is one of the key elements of language proficiency. The more words a person knows, the more accurately and diversely he can express his thoughts. To better understand the speech of native speakers, to read and write without using a dictionary, you need to figure out how to replenish the vocabulary of English words. It is important to note that expanding your personal vocabulary is an ongoing process that requires constant practice.

**Key words:** vocabulary, language proficiency, effective ways, expanding vocabulary, mastering new vocabulary

Do not think that only schoolchildren and students need to replenish the vocabulary of English words. Adults who plan to work abroad, develop a career, should be able to read and understand specialized literature, communicate with foreign partners, employers.

When replenishing vocabulary, many people remember their school years and just try to memorize as many words as possible, ignoring the context and pronunciation. Repetition of information can be effective. A person may even notice a really rapid expansion of the English vocabulary, but the result will be visible only in the short term. Ultimately, the approach turns out to be useless, because without regular repetition, students forget words that are not used in everyday life. It is worth studying the most common mistakes in more detail in order to try to avoid them. It is most effective to learn groups of words that are commonly used together. At the beginning of the vocabulary expansion process, it is easier to memorize individual nouns, adjectives, verbs. But as soon as the level of the language rises to at least B1, it will be necessary to use the same word in different contexts, in a figurative sense, as part of idioms. And then the approach of memorizing the words “one at a time” will stop working. The desire to learn 50 or even 100 new words a day can be tempting, especially in the early stages of education. In pursuit of mastering new vocabulary, you can quickly forget what was learned yesterday, the day before yesterday or a week ago. The reason for this error also lies in the school days, when students were asked





to learn 50 new words, but after receiving an assessment, students moved on to the next topic, using 15-20% percent of memorized in practice. Therefore, if the ultimate goal is to retain new words in long-term memory and be able to quickly recall and use them in real life, you need to focus more on repetition. You need to spend only 20-25% of the time on memorizing new words, and devote the rest to consolidating the previously learned in memory.

Indeed, there is an approach in which people with a sufficiently high level of knowledge of the language are invited to read English-language books, articles, without translating every unfamiliar word. But if a person has an A1-A2 level, then the same approach will not work. Beginners, on the contrary, are advised to write out frequently repeated unfamiliar words into their personal dictionary. It is also recommended that after reading each paragraph, retell what you have read to yourself. If difficulties arise, then you can write down the retelling in Uzbek, and then translate your own phrases into English. So you can memorize new expressions as efficiently as possible. It is important to say each new word out loud. Often people just read the word "to themselves." But it is worth repeating everything out loud. So you can "tune" your speech apparatus, improve pronunciation. Even a complete analysis of the transcription is not as important as the actual pronunciation.

Most often, people begin to actively seek information on how to quickly increase vocabulary in English before an exam, an interview. There is nothing wrong with studying according to a certain program, but this does not mean that during periods when no significant events in life are expected, you can throw the dictionary away. One of the biggest mistakes in expanding vocabulary in English is studying from a textbook. This is the fault of some tutors. If the words are not in the list of vocabulary established by the examination committee, then they do not need to be parsed. But the world is much wider than the exam program! It is worth reading books on interests, trying to translate articles related to hobbies.

Fortunately, there are many effective methods that will allow you to remember more new words and not forget them. The main thing is to act consistently and do not forget to practice at least several times a week, even if there is no mood. You can try different ways. Reading is one of the most efficient and effective ways to learn vocabulary. Moreover, you need to include in your own program not only classics, but also articles from fresh newspapers and magazines. So it will be possible to learn new words, slang, idioms. Double-sided flashcards, each with a single English word and a translation on the back, remain one of the simplest and most effective tools for facilitating the process of expanding vocabulary. Making cards requires a minimum of financial





investment and effort. Students can hang ready-made cardboard boxes around the house, use them for linguistic games.

It has long been known that people who have moved abroad progress even without additional classes. It is much more difficult to immerse yourself in an English-speaking environment while in non-English speaking environment. However, you can watch movies with subtitles, switch the language of your phone, find a native speaker to practice listening and speaking. In general, it is important to surround yourself with a foreign language so that the brain stops perceiving English as the subject of the lesson.

Applications on a mobile phone are more modern, but there is nothing better than having a family at the same table and having a good time, while consolidating previously learned words in memory.

Other tips to help you improve students' English vocabulary faster:

- Spend more time repeating old words and less time learning new ones;
- Engage in the study of vocabulary often, but for short periods of time;
- Periodically arrange self-examination, perform vocabulary assessment tests.
- Websites where you can check your vocabulary online:
- Test from the publishing house of directories and lexical dictionaries Merriam-Webster.
- Interactive test from the University of Ghent on the Daily Mail website.
- Use special applications that "gamify" the process.

The formation and expansion of vocabulary is a long process that has no end. Even native speakers continue to learn new words in their native language for the rest of their lives. It's just that this process takes place naturally, without cramming and using special applications. It is worth striving for the same ease when studying foreign words. There are two main principles to ensure that the process of expanding vocabulary does not turn into a boring, annoying routine that you don't want to return to.

As conclusion I can recommend the students to follow these steps:

First, you need to constantly adapt the set of studied words to current interests. No need to methodically memorize a random set of terms from a dictionary alphabetically. It is best to build on current interests and needs. For example, if a student is fond of football, then you can invite him to read thematic articles in English, at the same time writing out unfamiliar words in a personal dictionary.

Secondly, you need to strive to use the learned information in practice. Without this, she will quickly disappear from memory. The way the brain processes, stores, and



reproduces information is fairly well understood. Without constant practice, both skills and seemingly memorized words are lost.

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