



TECHNICAL AND TACTICAL ACTIONS OF FOOTBALL PLAYERS ON THE FIELD

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Abstract

In this article, the technical and tactical movements of the football game methods are discussed.

Key words: Football, wing backs, central defenders, midfield players, wing forwards, central forwards.

Introduction

Currently, the distribution of players according to their tasks will be based on the universality of their preparation. Of course, this does not mean that everyone can do the same thing. However, every player must master all the technical methods of the game, know how to act both offensively and defensively. The player must be particularly good at certain tasks in the game.

Players are divided into the following according to their duties:

- wing backs,
- central defenders,
- middle row players,
- wing forwards,
- center forwards.

Let's briefly consider the requirements for players of each specialty and their main tasks.

The general game of the team in defense and attack depends a lot on the individual tactical preparation of the goalkeeper. A goalkeeper's technical skills and physical fitness are more influenced by his tactical knowledge. That is why it is necessary to pay extremely serious attention to the issue of tactical training of goalkeepers.

In today's football, the duties of wing defenders have expanded. Their task is now not only to "disrupt" the opponent's attack, but to combine reliable and skillful defense with active participation in the offensive actions of their team.





The increase in the volume of work and the increase in the types of movements demanded the increase in the level of physical training of the defenders - the development of strength, quickness, speed endurance, dexterity, agility, high starting speed. This means that players need to have good coordination and be able to play one-on-one skillfully on the ground and in the air. They should be well-versed in technical methods, skillfully attack opponents, organize defense and attack at the right time, and work together knowingly.

When attacking, the center back moves into open space to receive the ball from the goalkeeper or his teammates, then makes accurate and varied passes to allow the attack to continue. Seeking to make the most of the relative freedom to create dramatic situations, he sometimes joins the attack himself, and sometimes completes the attack with a long or mid-range shot. Currently, the tasks of defenders are progressing toward universalization, and their actions are approaching those of midfielders and wing forwards.

In football, the actions of the middle line players are considered to be one of the factors related to the success of the team in many ways. Players in this specialty must have excellent all-round fitness that ensures high performance throughout the match. They need to be active in attack and defense, play at a high pace and not let it down for a moment. Increased demands are being placed on middle line players in terms of tactical preparation, agility and inventiveness in choosing the means and methods of team play. They organize the cooperation of all partners both in attack and defense. Midfielders should be able to play equally well in both defense and attack, and be able to organize the whole team's game. Their actions are based on high-level performance skills and should always be firm and strong. They use a wide variety of transmissions, bypasses, etc. Usually, high skill players in the middle lane can hit a powerful, excellent shot.

The middle line of the team is often composed of players who act in different tactical plans, consisting of a half-forward, a dispatcher and a half-back.

A half-forward mainly acts as an attacking player. Goho moves in the front line of the attack and actively completes the movement. The dispatcher organizes group and team actions in the attack and combines them with the actions of the second echelon. The midfielder primarily helps to organize the defense of his own goal, and sometimes breaks into the attacking lines of his team.

When forming the middle line, the players are chosen so that they complement each other and ensure the full and reliable performance of all the tasks provided for this specialty of the game. However, the main trend in the development of midfielders' tactics is that they are directly involved in the team's final offensive actions.





When moving into defense after an attack has been cancelled, the winger chases the winger or tackles the nearest opponent who has possession of the ball. The winger takes part in defensive actions less, but actively, saving power for effective attack.

The main task of this player is to constantly search for ways to continue the attack, to play "at the end" of the offensive line, to actively participate in the effective completion of the team's attempts. The central striker tries to reach the shot position in the shortest possible way, opening up repeatedly and in various ways along the entire width of the field. He should be able to maneuver quickly, be able to shoot at the goal in a fight with one, or sometimes several, defenders, be able to skillfully use the ball passed by his teammates, and seek to add an extra shot to the return ball. Fearlessness in the fight, determination, selflessness - all these qualities are characteristic of highly skilled center forwards.

Conclusion. Most of the tactical tasks that arise during a football match are solved by means of combinations.

The actions of two or more players solving a tactical task, the whole game consists of a chain of combinations and actions against it. In this case, the combinations are prepared during preliminary training and not prepared, that is, during the match itself.

Each team consists of links, that is, tactical units, which solve a certain task together at certain moments of the game. When choosing and implementing a combination, mutual understanding or, as it is sometimes said, "a sense of partnership" is of particular importance. Only athletes who understand the game in the same way can solve the task in a single plan and choose the right combination and successfully implement it.

Then the goal will be achieved.

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