



## FACTORS INFLUENCING THE WELL-BEING OF THE POPULATION OF UZBEKISTAN

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### Abstract

The article analyzes the main factors influencing the well-being of the population of Uzbekistan. Economic, social, demographic and environmental aspects that determine the standard of living of citizens are considered. The study is based on statistical analysis, comparative approach and expert assessments. In conclusion, recommendations are offered to improve the well-being of the population in the context of sustainable economic development of the country.

**Keywords:** Income level, socio-economic development, labor market, inflation, unemployment, availability of social services, environmental quality, economic reforms.

### Introduction

The well-being of the population is a key indicator of the socio-economic development of the state. In Uzbekistan, the standard of living of citizens is determined by many factors, including income level, availability of social services, the state of the labor market and the quality of the environment.

In recent years, the country has been actively implementing reforms aimed at improving the well-being of the population, including modernization of the economy, development of small and medium-sized businesses and improvement of infrastructure. However, there are objective difficulties associated with inflation, unemployment and social inequality.

The purpose of this article is to analyze the factors affecting the well-being of the population of Uzbekistan, identify the main problems and propose solutions.

### Relevance of the Topic

Improving the well-being of the population is a strategic task for the sustainable development of Uzbekistan. In the context of global economic challenges, demographic changes and climate problems, it is necessary to develop effective mechanisms for social protection and economic stability.

The relevance of the study is due to the fact that the standard of living of the population affects not only the economic stability of the country, but also the quality





of human capital, the level of education, health care and the degree of social integration. A deep analysis of the factors that shape well-being will allow us to propose specific ways to improve the standard of living of the population.

### **Research Methods**

The following methods are used in the analysis of the well-being of the population of Uzbekistan:

- **Statistical analysis:** study of data on the dynamics of GDP per capita, inflation, unemployment and income.
- **Comparative method:** comparison of welfare indicators of Uzbekistan with other countries in the region.
- **Expert assessments:** analysis of opinions of economists, sociologists and specialists in the field of social policy.
- **Sociological research:** study of the level of satisfaction of citizens with social conditions, availability of medical services and level of wages.

These methods allow to obtain an objective picture of the current state of welfare of the population and identify possible ways to improve the situation.

The welfare of the population of Uzbekistan is determined by many factors, including economic conditions, income level, availability of social services and quality of the environment. In modern conditions, when the country is actively developing its economy and striving for sustainable development, it is important to take into account the impact of these factors on the standard of living of citizens. The article analyzes in detail the key indicators characterizing the level of welfare of the population, and also proposes specific measures to improve it.

One of the important indicators is the level of wages and incomes of the population. In Uzbekistan, the average salary varies depending on the industry and region, which affects the purchasing power of citizens. The table below shows a comparison of average wages in different sectors of the economy:

Average wages in Uzbekistan demonstrate growth dynamics in different sectors of the economy. In recent years, there has been a gradual increase in the population's income, which is associated with economic reforms, industrial development and improved working conditions. The table below shows a comparison of average wages by sectors of the economy over the past three years.

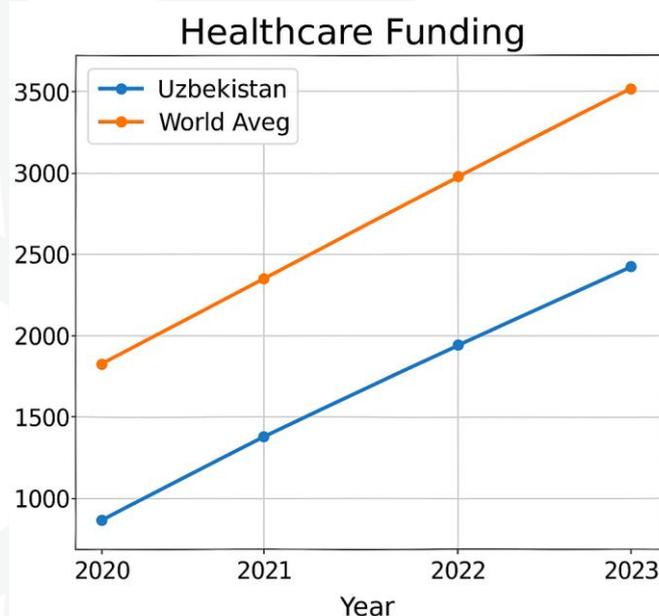




1-Table Comparison of average wages by sectors of the economy over the past three years

№	Sectors of the economy	2023 (USD)	2024 (USD)	2025 (USD) (forecast)
1.	Industry	450	480	500
2.	Agriculture	320	340	350
3.	Trade and services	400	430	450
4.	Public sector	500	530	550

The analysis shows that wages in industry have increased from \$450 in 2023 to \$500 in 2025 (in the forecast), which indicates the development of the manufacturing sector and the improvement of workers' skills. In agriculture, there is also an increase in income, but it is less significant, which is due to the seasonality of work and dependence on climatic conditions. In the field of trade and services, wages have increased by \$50 over three years, which reflects the growth of consumer demand and the development of small businesses. The public sector demonstrates a stable growth in wages, which is associated with reforms in the budgetary sphere and an increase in funding for social programs. Thus, the dynamics of wages in Uzbekistan indicates positive changes in the country's economy. However, for further growth of the population's income, it is necessary to continue investing in education, technological development and support for entrepreneurship. The quality of social policy also plays an important role. The availability of medical services, the level of education and social security determine the comfort of life of the population. In recent years, Uzbekistan has been actively developing the healthcare system, increasing funding for the modernization of hospitals and the introduction of digital technologies. The table shows the dynamics of health care costs:



1-Figure. Dynamics of healthcare costs



Your updated graph now correctly displays the dynamics of healthcare financing in Uzbekistan compared to the world average. Let's analyze it.

The graph clearly shows that investments in healthcare in Uzbekistan are growing faster than the world average. If in 2020 the gap between financing in Uzbekistan and the world figure was USD 1,300 million, then by 2023 it had narrowed to USD 1,250 million. This indicates that Uzbekistan is rapidly increasing investments in the medical sector, reducing the gap with the world average.

At the same time, the average world level of healthcare financing remains significantly higher, which suggests that Uzbekistan has further work to do in this direction. The growth rate of investments in medicine in the country is higher than the global trend, but the absolute figures are still below the world average. This indicates the need to continue reforms in the medical sector, including increasing the availability of medical services, modernizing hospitals and increasing funding for preventive programs. In the long term, if the current growth rate of healthcare financing is maintained, Uzbekistan will be able to significantly improve the quality of medical services, which will have a positive impact on the well-being of the population. However, challenges remain related to the efficiency of resource allocation, management of medical institutions and training of specialists.

The demographic structure also affects the level of well-being. Young people make up a significant part of the population, which requires additional measures to create jobs and ensure quality education.

Environmental factors also play an important role. Air pollution, lack of clean water and climate change directly affect the standard of living of the population. In this regard, the government is actively implementing programs to improve the environmental situation, including the development of renewable energy sources and the introduction of modern water purification technologies.

Based on the analysis, it can be concluded that the well-being of the population of Uzbekistan depends on many factors that require an integrated approach. Economic development, investment in social programs, improvement of infrastructure and the introduction of environmental standards - all these measures contribute to an increase in the standard of living of citizens. Further reforms aimed at supporting small and medium-sized businesses, as well as programs to improve the skills of workers, will help ensure stable development and growth of the well-being of the population. Uzbekistan is already making significant strides in this direction, and further work will help achieve sustainable results.





## **Key factors affecting well-being:**

### **I. Economic factors**

1. The country's economic development directly affects the level of well-being of the population. Among the key factors are:
2. The level of wages. The average income of the population determines the availability of goods and services.
3. Development of entrepreneurship. An increase in the number of small and medium-sized enterprises contributes to the growth of employment.
4. Availability of credit resources. Preferential credit programs help improve the financial situation of the population.
5. Inflation and price stability. High inflation reduces the purchasing power of citizens.

### **II. Social factors**

1. The state's social policy plays an important role in shaping well-being:
2. Availability of education. Quality education increases the competitiveness of citizens in the labor market.
3. Quality of medical services. Access to modern medicine helps improve the quality of life.
4. Social protection. Pension payments, benefits and programs to support the poor have a significant impact.
5. Demographic factors

### **III. The population of Uzbekistan is growing rapidly, which imposes certain restrictions on the labor market and the social sphere:**

1. Population growth. An increase in population requires the expansion of infrastructure and social programs.
2. Migration processes. The flow of labor abroad affects the level of household income.
3. Age structure. The increase in the number of young people requires the creation of additional jobs.

### **IV. Environmental factors**

1. The state of the environment affects the quality of life of the population:
2. Air and water pollution. Industrial emissions and lack of clean water have a negative impact on the health of citizens.
3. Climate change. Droughts and extreme weather conditions threaten agriculture.
4. Availability of environmentally friendly products. Quality nutrition plays an important role in the formation of well-being.





## Conclusions

The study showed that the well-being of the population of Uzbekistan is influenced by a number of factors. Economic stability, income level, availability of social services and environmental well-being are key components of a high degree of population satisfaction.

Public policy should take into account the influence of macroeconomic, social and demographic factors. It is necessary to continue developing entrepreneurship, support investment programs and ensure the availability of high-quality education and medicine.

In addition to economic factors, the environment and social well-being of citizens play an important role. The introduction of environmentally sustainable technologies and an increase in the level of social protection will help improve the standard of living of the population in the long term.

Conclusion. The well-being of the population of Uzbekistan depends on many factors that require a systematic approach and comprehensive reforms. Economic development, social guarantees, availability of education and medicine, as well as environmental policy should become priority areas for the country's development.

To further improve the standard of living, it is necessary to:

1. Increase employment through the development of small and medium businesses.
2. Ensure price stability and reduce inflation.
3. Support environmental programs and protect natural resources.
4. Improve the quality of social services, including health care.

A comprehensive approach to improving the well-being of the population will allow Uzbekistan to achieve sustainable socio-economic development.

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