



## PSYCHOLOGY AND MENTAL CHARACTERISTICS OF PRESCHOOL CHILDREN

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### ANNOTATION

The importance of interest in the development of child psychology is that the child tries to know as deeply as possible what he is interested in. Consequently, he never gets bored of doing what he has been interested in for a long time. This, in turn, helps to develop and strengthen important mental processes such as the child's attention, will. An early interest in a field in children plays a role in preparing them for the future. This article reflects the mental processes and emotional states of the child, which continue in preschool age.

**Keywords:** child, kindergarten, psyche, psychology, age, emotional environment, restriction, punishment, reward, motivation, curiosity, fear, communication problems, attitude, play, neurological difficulties.

### Аннотация:

Значение интереса в развитии детской психологии заключается в том, что ребенок старается как можно глубже познать то, что ему интересно. Следовательно, ему никогда не надоедает заниматься тем, что ему давно интересно. Это, в свою очередь, способствует развитию и укреплению таких важных психических процессов, как внимание ребенка, воля. Ранний интерес к области у детей играет роль в подготовке их к будущему. В данной статье отражены психические процессы и эмоциональные состояния ребенка, которые продолжаются в дошкольном возрасте.

**Ключевые слова:** ребенок, детский сад, психика, психология, возраст, эмоциональная среда, ограничение, наказание, поощрение, мотивация, любопытство, страх, проблемы общения, отношение, игра, неврологические трудности.

### INTRODUCTION

Preschool is a period when a child is actively exploring the world around him. Preschoolers have their own psychological developmental characteristics. When he





starts to walk, the child makes a lot of discoveries, gets acquainted with things in the room, on the street, in the kindergarten. Collecting different things, studying them, listening to the sounds coming from the subject, knows what qualities and characteristics this object has. At the age of 5-6, the child asked for all the information, such as a sponge. Scientists have proven that at this young age a child can remember this information, after which he will never remember it in life. It is a time when a child is interested in anything that can expand their horizons, and it supports the world around them. Emotional environment. In general, preschoolers are characterized by a sense of calm. They do not have contradictions and strong affective epizootics for small reasons. However, the saturation of this child's emotional life decreases does not mean. After all, the day of the preschooler is very emotional - the evening is full of emotions, so in the evening the child comes tired and completely exhausted. During this period, the structure of emotional processes also changes. In the past, motor and autonomic reactions were incorporated into emotional processes that were preserved in preschool children, but the external expression of emotions takes a more limited form. School children are not only happy with what they are doing today, but also happy with what they will do in the future. Everything related to the precedent - painting, playing, making molds, helping mom, doing housework - should have a bright emotional color, otherwise things will fall apart quickly or not at all. Because a child of this age cannot do something that is not interesting to him. An early interest in a field in children plays a role in preparing them for the future. Motivational sphere. Obedience to goals is the most important personal mechanism formed during this period. Preschool age is a period in which the subordination of intentions arises spontaneously and then develops gradually. If a child requests more than one wish at a time, for him it is almost unresolved (it was difficult to choose the carcass). Over time, the preschooler will have different importance and power and can easily make decisions based on choice. Over time, the child learns to suppress his intentions and does not respond to temptations because he has strong intentions that serve as "limiters". The strongest reason for school students is reward, encouragement. A weaker reason is punishment, but a child's promise is usually a weaker reason. It is useless and harmful for children to make promises, because children do not keep their promises in a few cases, and a number of unfulfilled oaths and guarantees develop negligence and obligation in the child. The weakest thing is that nothing is strictly forbidden, especially if it is not strengthened for additional reasons that are prohibited. During this period, the child learns the moral norms accepted in society, learns to evaluate behavior, taking into account the norms of morality, their behavior movement conforms to these norms.





The child has a moral experience. First, the child evaluates the behavior of other people, such as literary heroes or other children, because their actions have not yet been evaluated. In this century, the attitude of preschool educators towards others and themselves is an important indicator. Preschoolers often criticize their shortcomings, give personal characteristics to their peers, note the relationship between children and adults, as well as the relationship between adults and adults. However, parents can be an example to their children. Therefore, parents should include positive information to the child, whether personal or intellectual information, so that it does not cause fear, anxiety and insult to the child. The psychology of a preschooler is at an early stage. He begins to take an interest in the world around him, asking many questions. Development affects memory, the mind, the neuropsychic side, latent talents. If parents are able to learn the characteristics of mental development crumbs, then they can establish harmony in the family, raise the baby properly. The little form of play learns the norms of social behavior, communicates with others. He wants to distance himself from adults, creating a situation in which he acts as the master of what is happening in the beginning. However, in real life he can not fully participate in adulthood, it is enough mental, intellectual, physical development. To feel important, the child applies a role-playing game, in which he builds a certain plot, conditions:

- Repeated after an adult;
- Imagine a situation where toys act as real things;
- The truth is symbolic;
- The game involves following the established rules and prohibitions.

This condition promotes psychological health, emotional and intellectual development. Repeated psychological characteristics include the ability to solve visual problems typical of preschool children, the intentional use of mental processes, management, control of reaction to the surrounding situation, its ability to evaluate, predict, the formation of self-esteem; active formation of the speech apparatus; established behavior - a conscious perception of behavior and social norms; The educational process in preparation for the psychological level in school. Problems in the mental development of a preschool child. Despite the desire to explore the world, over-activity, curiosity, difficulties may arise in the path of mental development: underdeveloped thinking (lack of attention, problems with comprehension of educational material); personal and emotional difficulties (stress, anxiety, fear, passivity); behavioral problems (aggression, secrecy, malice, anger); communication problems (excessive emotionality, a sense of superiority, isolation); neurological difficulties (insomnia, constant weakness, laziness). The more attention is paid to the





physical development of children in kindergarten, the more attention is paid to their mental and intellectual development. Children's perception, attention, imagination, memory, imagination and thinking, willpower are systematically developed in the educational activities with children, which are always planned for school attendance.

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