

# CONTENTS OF FUTURE TEACHERS OF PHYSICAL CULTURE USE OF INFORMATION AND COMMUNICATION TECHNOLOGIES IN MANAGING THE EDUCATIONAL PROCESS

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#### **Annotation**

This article discusses the content of the use of information and communication technologies by future physical education teachers in the management of the educational process.

**Keywords:** professional and pedagogical skills, social requirements, pedagogical skills, modern information technologies, information creation, distribution, processing, collection technologies

### Introduction

In their daily activities, each member of the community makes use of a number of information resources. The ever-increasing volume of knowledge contributes to society's increased intellectual capability. As a result of the flow of current information technology, the teacher can also develop their professional and pedagogical skills. Future physical education teachers must first build the circumstances for their own information environment in order to effectively use information technology in their profession. Information objects, their interactions, technologies and means of creating, disseminating, processing, and collecting information, as well as the organizational and legal framework of information processes, are all integrated into modern information technologies' environments.

# **Literature Analysis and Methodologies**

In the process of reforming the education system in our country and in the developed countries of the world to develop pedagogical technologies, to independently search for the necessary information, to be able to pose and solve problems, to critically analyze the acquired knowledge and apply it in solving new problems focused. Concerning the integration of current information technology into the educational process, as well as the development of teacher skills and credentials Resolution No. PP-191 of the Cabinet of Ministers of the Republic of Uzbekistan, dated September 28, 2005, and entitled "On Measures for Further Development of Computerization and



Introduction of Information and Communication Technologies," was issued on June 6, 2002. The adoption of Resolution No. 25 of February 16, 2006, "On further enhancement of the system of teacher retraining and advanced training," suggests that this subject is a top concern for state policymakers.

#### **Results**

Future physical education teachers will be able to use a range of modern information technology forms and material in the instructional process, depending on the student's interests, abilities, and personal qualities. The educational system should reflect this opportunity. Future physical education teachers may organize distinct levels of teaching using new digital technology as a solution to this challenge. One of the most important markers of the employment of such technologies in the educational process, according to pedagogical experts, is improved access to computer technology in future educational institutions for future physical education teachers.

Prospective physical education teachers should pay attention to the following in the process of effective organization of the educational process on the basis of modern information technologies:

- Ensure that the team of distance learning courses and e-books teachers, computer programmers, and relevant professionals work together;
- Evenly distribute tasks among teachers;
- To improve the organization of the educational process and to monitor the effectiveness of pedagogical activities.

#### Discussion

When integrating current information and communication technology in educational institutions' pedagogical operations, prospective physical education teachers must adhere to a number of crucial rules. The organization of distance learning courses for teachers to expand their knowledge, skills, and capacities using the opportunities of contemporary information technology, as well as to strengthen the pedagogical skills of instructors in line with modern needs, is a precursor to future physical culture. On the basis of current digital technologies, in the instructional activities of future teachers of physical culture:

- Facilitate the complex process of developing the technological foundation of education to meet modern requirements;
- Special skills and competencies are developed to organize the teaching process on the basis of modern technical means;



- The openness of distance learning courses will increase their quality requirements and the need to control the quality of training materials;
- Students' independent learning activity improves, and the effectiveness of the learning process improves;

It also ensures that the use of modern communication technologies in the educational process of the future physical education teacher will have a negative feedback with the student.

#### Conclusion

Any educational and parenting system is founded and evolved within a specific social, scientific, technical, economic, cultural, and, finally, political context. Secondary schools and higher education institutions train people for economic, cultural, and political activities, so the education system serves to fulfill the main goals of socioeconomic and cultural growth of the society. As a result, educational institutions, as a cornerstone of the educational process, play an essential role in the pedagogical activities of future teachers of physical culture.

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